

SUNDAY MORNING PRAYER

Rising from death, today Christ greets his people.

Rising with all creation, we greet you as our King.

There may be singing.

Either

Psalm 81, 98, 118, 147:1-12, 147:13-20, 148, 150 or the set psalm.

Or

Psalm 24 said as follows

The earth belongs to God,
as do all things and people who live on it.

Out of fluid cosmos God created its firmness.

Who may ascend to the high dwelling of God?

**Whoever is clean of heart
and whoever does not cling to what is false
will receive the Almighty's blessing
and the Saviour's embrace.**

Such are those who seek the face of our forebears' God.

**Open up the gates
that the King of glory may come in.**

Who is the King of glory?

**The immortal God, mighty and strong,
is the King of glory.**

**Open up the gates that the King of glory may
come in.**

Who is the King of glory?

**The eternal and all-powerful God
is the King of glory.**

Let us recollect the presence of the Risen Christ
with us now.

Short silence

Christ Jesus, in the light of your risen presence,
and in union with your first frail apostles,
we say sorry for the times when we have failed
to follow you:

**for not weighing your words,
for not sharing your trials,
for not believing your promises.**

*Things for which we are sorry may be recalled
aloud or in silence.*

Risen Christ, disperse the sin from our souls as
the mist departs from the hills.

**Be in what we do, inform what we say,
redeem who we are. Amen.**

*Isaiah 12, 25:6-9, 26:1-19, 35, 42:10-16, 51:1-11, 61
or the reading of the day from a
lectionary or reading scheme; or another Old
Testament reading.*

There may be singing, silence or the following:

We believe, O God of all gods,
that you are the eternal God of life.

**We believe, O God of all peoples,
that you are the eternal God of love.**

We believe that you create earth and seas and
skies,

**we believe that you create us in your image,
and give us eternal worth.**

Matthew 28:1-10, Mark 16:1-8, Luke 24:1-12, 1
Corinthians 5:6-8, 15:1-11, Colossians 3:1-7,
3:9-17 or the reading of the day.

Jesus says:

I am the resurrection and the life.

You break the power of sin and death.

I am the bread of life.

You feed and fill the hungry.

I am the true vine.

You make empty lives bear fruit.

There may be silence or singing.

*Either of the following sets of prayers may be
used.*

*Pause after each prayer to invite the Risen
Christ into specific situations, perhaps
visualising his response.*

Risen Christ,

you appeared to Mary in the garden at dawn;

**Make yourself known to us in the new
beginnings of our lives.**

You appeared to the fishermen as they toiled in
vain;

**Make yourself known to us in the long hours
of our weekly work.**

You appeared to the walkers as they welcomed
you into their home;

**Make yourself known to us in our life journey
and make welcoming our homes.**

You appeared to Thomas when he touched the
scars in your body;

**Make yourself known when we touch the
wounds of the world.**

You appeared to many as they met beneath
the skies;

**Make yourself known to us in the wonder of
your creation.**

*Or each of the following themes may be used
as a starting point for more extended
intercessions.*

We pray for believers;
may their lives be signs of joyful service.

We pray that our churches may bring honour
to you;
and healing to the people.

We pray for people in authority;
may they strive for justice and peace.

We pray for our communities;
may refreshment be found by all who work.

We pray for our homes;
may they be places of hospitality and hope.

There may be singing or the Lord's Prayer.

**The Father of life go with us.
The Risen Christ beside us.
The vibrant Spirit within us.**

SUNDAY MIDDAY PRAYER

Alleluia. Christ is risen.

Alleluia. Christ is risen.

Psalms 30:1-5, 66:1-11, 67, 111, 114, 117, 118:1-14 or the set psalm

You give us well-being in the midst of the day;
**a day of renewal,
a day of growth,
a day of sharing food.**

A candle may be lit.

Before food one of the following prayers may be said

May the abundance and joy of creation be with us as we eat.

May the abundance and joy of Christ be with us as we meet.

The food which we are to eat
is earth, water and sun
coming to us through pleasing plants.

**The food which we are to eat
is the fruit of much labour of many creatures.**

We are thankful for it.

**May it give us health, strength, joy,
and may it increase our love.**

Risen Christ of the miraculous catching of fish
and the perfect lakeside meal,
be with us as we share this meal.

Generous God, as once you multiplied the five loaves and two fishes,

**multiply the gifts each of us brings
that from our sharing together blessings
may flow.**

Habakkuk 2:14, Matthew 28:20, Mark 5:39,
John 11:25, 1 Corinthians 15:22, 15:35-36, 2
Corinthians 4:12 or the reading of the day.
Philippians 4:12-13

There may be meditation and singing.

Rejoicing in your new creation,
let us pray as you have taught us.

Our Father . . .

Keep us in the beautiful attitudes,
simple, joyful and gentle.

Let us bless the Lord.

Thanks be to God.

SUNDAY EVENING PRAYER

Spirit of the Risen Christ,
as the lamps light up the evening,
shine into our hearts and kindle in us the fire
of your love.

A candle may be lit.

Jesus Christ is the Light of world;
a light that no darkness can quench.

The long reign of sin has ended.
A new age has dawned.
A broken world is being renewed.
and we are once again made whole.
Alleluia!

There may be singing.

Either

*Psalm 66, or the psalm of the day from a
lectionary, or any other psalm.*

Or

The following verses from Psalm 16.

I keep the Lord always before me.
**Because you are at my right hand,
I shall not be moved.**

I keep the Lord always before me.
**Therefore my heart is glad and my soul
rejoices;
my body also rests secure.**

I keep the Lord always before me.
**For you do not give me up to destruction,
or let your faithful one see the Pit.**

I keep the Lord always before me.
**You show me the path of life.
In your presence there is fullness of joy.**

I keep the Lord always before me.
In your right hand are pleasures for evermore.

We offer to you, Lord, the concerns of this day;
we lay down our burdens at your feet.

Short silence.

**Forgive us our sins, give us your peace,
and help us to receive your Word.
In the name of Christ. Amen.**

Song of Songs 2:8-end, 3:2-5, 8:6-7, Jeremiah
31:1-14, Ezekiel 37:1-14, Micah 7:7-end,
Zechariah 8:1-8 or the reading of the day.

There may be singing, silence or the following:

Risen Christ, you turned Mary's tears into joy:
turn our tears into joy.
Risen Christ, you turned the travellers' despair
into hope:
turn our despair into hope.
Risen Christ, you turned the disciples' fears into
boldness;
turn our fears into boldness.

Risen Christ, you turned Thomas' unbelief into
trust:

turn our unbelief into trust.

Risen Christ, you turned an empty catch into
fullness:

turn our empty chores into fullness.

Luke 24:13-15, John 20:1-18, Acts 5:27-32,
13:26-41, 17:16-31, 26:1-23, 1 John 5:4-12 or
the reading of the day.

Silent reflection, teaching or song.

We give you thanks, our Provider, that you are
always present, in all things, each day and each
night.

We give you thanks for your gifts of creation,
life and friendship.

We give you thanks for the particular blessings
of this day . . .

Blessings may be named in silence or aloud.

*Specific people or situations may be named in
each prayer (. . .).*

Risen Christ, into your hands we place our
families, our neighbours, our fellow believers,
and all with whom we have connected today ...
Risen Christ,
enfold them in your will.

Risen Christ, into your hands we place all who
are victims of prejudice, oppression or neglect;
the frail, the unwanted . . .

Risen Christ,
**may everyone be cherished from conception
to the grave.**

Risen Christ, into your hands we place all who
are restless, sick, or prey to the powers of evil

...

Risen Christ,
tenderly watch over and care for them.

Risen Christ, bring renewal to the land and to
the church; to ordained ministries and to
religious communities.

Risen Christ,
**raise up new callings and communities that
meet the need of our times.**

There may be singing or the Lord's Prayer.

Lord Jesus Christ, Light of the world,
by your cross you have overcome all darkness
that oppresses.

**Come and shine on us here
that we may grow and live together in your
love
which makes us one with all humanity.**

**The grace of our Lord Jesus Christ,
the love of God,
and the fellowship of the Holy Spirit
be with us all evermore. Amen.**

SUNDAY NIGHT PRAYER

In the name of the restful Father,
in the name of the calming Son,
in the name of the peaceful Spirit.

May we and God be one.

We place our souls and bodies
under your guarding this night, O God,
O Father of help to frail pilgrims,
protector of heaven and earth.

**We place our souls and bodies
under your guiding this night, O Christ,
O Son of the tears and the woundings,
may your cross this night be our shield.**

We place our souls and bodies
under your glowing this night, O Spirit,
O gentle Companion, and Soul Friend,
our hearts' eternal Warmth.

Psalms 118:15-24, 125:1-3, 126, 136:1-4, 145:1-14, 146, 150 or the set psalm.

**Come bless the Lord, all you servants of the Lord,
Who stand by night in the house of the Lord;
Lift up your hands in the holy place,
Come bless the Lord, come bless the Lord.**

May that part of me that did not grow at
morning, grow at nightfall . . . *(Pause.)*

You are our Saviour and Lord.

In our stumbling be our shield.

In our tiredness be our Rest.

In our darkness be our Light.

or

O Christ, Son of the living God,
may your holy angels guard our sleep;
may they watch over us as we rest
and hover around our beds.
Let them to reveal to us in our dreams
visions of your glorious truth.
May no fears or worries delay
our willing, prompt repose.

John 20:19-20, 1 Peter 3:18-22, 2 Corinthians
4:11-16 or another New Testament reading

Read these or other words of Christ

Come to me, all you who are weary and
burdened, and I will give you rest. Take my
yoke upon you and learn from me, for I am
gentle and humble of heart, and you will find
rest for your souls.

Matthew 11:28, 29

Silence or spontaneous words

O God, bless and keep our dear ones, wherever
they are, especially . . .

May the great and strong heavenly task force
encircle us all with their outstretched arms;

**to protect us from the hostile powers,
to put balm into our dreams,
to give us contented, sweet repose.**

We lie down this night with God

and God will lie down with us.

We lie down this night with Christ

and Christ will lie down with us.

We lie down this night with the Spirit

and the Spirit will lie down with us.

God and Christ and the Spirit

lying down with us.

I make the sign of the Cross of Christ.

**My Christ, my Shield, my Encircler;
each day, each night, in light, in dark,
my Treasure, my dear One.**

The almighty and merciful Three encircle us,
**that awake we may watch with Christ,
and asleep we may rest in peace.**

MONDAY MORNING PRAYER

God of life, you summon the day to dawn
and call us to create with you.

**You are the Rock by whom all earth is
fashioned.**

You are the Food from whom all souls are fed.

**You are the Force from whom all energies
travel.**

You are the Source who is creation's head.

There may be singing.

Either

*Psalm 1, 33:1, 95; 136:1-9; 146; 148, or the
psalm of the day from a lectionary, or any other
psalm.*

**Glory to you, the Source of all being,
Eternal Word and Spirit of life,
as it was in the beginning, is now and ever
shall be. Amen.**

Or

*The following verses from Psalm 104 (said by
alternating voices).*

First

Creator God, how great you are!
You clothe yourself in light;
you stretch out the skies like a tent.

Second

Winds are your messengers,
flames are your servants.

You water the earth until it gives us food.

First

How abundant are your works, O God,
in wisdom have you made them all.

Second

The creatures teeming the earth,
the sea, vast and wide -
innumerable things, small and great, live within
it.

**All these look to you for their food in due
season.**

**When you send forth your Spirit they are
created**

and you renew the face of the earth.

First

May your glory last for ever,
may you always have joy in what you have
created.

Second

May our thoughts always give you pleasure,
may we always rejoice in you.

**Glory to you, the Source of all being,
Eternal Word and Holy Spirit,
as it was in the beginning, is now and ever
shall be. Amen.**

**Creator and Saviour,
we have often exploited earth for our selfish
ends,
turned our backs on the cycles of life
and forgotten we are your stewards.**

**Now soils become barren,
air and water become unclean, species
disappear,
and humans are diminished.
In penitence we come to you.**

Pause.

Creator, have mercy.

Christ, have mercy.

Creator, have mercy.

*There may be silence, or a declaration of
forgiveness.*

*Genesis 1:1-8; 1:9-24; 1:25-2:3; Job 38:1-12;
38:13-24; 38:25-33; Isaiah 24:4-5; Isaiah 55:6-
13, or the reading of the day from a lectionary
or reading scheme; or another Old Testament
reading.*

For earth and sea and sky in the harmony of
colour,

we give you thanks, O God.

For the air of the eternal seeping through the
physical,

we give you thanks, O God.

For the everlasting glory dipping into time,
we give you thanks, O God.

For nature resplendent, growing beasts,
emergent crops, the energies of the city,

we give you thanks, O God.

For the Person you sent to restore us when we
fell away from the goodness of your creation,

we give you thanks, O God.

For harmony restored through your Spirit moving upon the turbulent waters of our lives,
we give you thanks, O God.

For the honour you give us of lives that flow in the rhythm of your tides,
we give you thanks, O God.

For setting each of us, like the stars upon their courses, within the orbit of your love,
we give you thanks, O God.

Luke 13:6-9, John 1:1-3a; Acts 14:8-17; Romans 1:19,20; Colossians 1:15-20; Revelation 21:1, 22:1-5, or the reading of the day from a lectionary or reading scheme; or another New Testament reading.

This may be followed by teaching, creative activity or the following.

This we know, the earth does not belong to us;
the earth is God's and we will serve it.

This we know, we did not weave the web of life;

the earth is God's and we will serve it.

Whatever befalls the earth befalls the sons and daughters of the earth;

the earth is God's and we will serve it.

Either of the following prayers may be used.

Caring Father God, we offer to you
the fuels and forests,
the seas and soil,
the air and animals,
the textiles and technology of the world.

**May we steward your creation to your glory
and for the benefit of future generations.**

Worker Christ, we offer to you our workplace,
may we embody your presence in it.
Grace us to speak your peace and perfect order
into its atmosphere.

May we know your wisdom in all that will be
thought, decided and accomplished ~~within it.~~

**Give us a fresh supply of truth and beauty on
which to draw as we work.**

Energising Spirit...

There may be open prayer.

In our dependence on the God of life,
may we cherish the precious earth;
**the earth of the God of life,
the earth of the Christ of love,
the earth of the Spirit Holy.**

God bless the sky that is above us,
the earth that is beneath us,
your image deep within us,
the day that lies before us.

MONDAY MIDDAY PRAYER

Great Spirit, whose breath is felt in the soft breeze,
and whose life surges through socket and screen;
we seek your strength in the midst of the day.
May we, and the peoples of the world,
work in dignity and walk in the beauty of the day.

Blessed be God the birther of life.

Blessed be God the giver of light.

Blessed be God the bestower of skills.

Psalms 67, 102:25-28, 104:1-24, 119:89-91, Job 38:36-41, Job 38:44-50. Isaiah 24:4, 5, Isaiah 45:18 or the set psalm.

O Son of God, change our hearts.
Your Spirit composes the songs of the birds,
your creation is billions of wondrous miracles.
Your creation is beautiful to look upon.
We ask of you just one more miracle:
beautify our souls.

O God, you called all life into being;
your presence is around us now,
your Spirit enlivens all who work.

May your kingdom come on earth.

Impart to us wisdom to understand your ways,
to manage well the tasks of this day.

Make us co-creators with you
that when day fades we may come to you
without shame.

We pray for this world you have given us;

**for the planting of seeds
and for the nurturing of life
in the soils and commerce of the world.**

Sustain those who extract the minerals, create textiles, farm the land or develop technology.
**Encircle those who can neither sow nor reap
because human ills have drained them.**

Listen to the words of Christ:

Happy you who are gentle;
the earth belongs to you. (*Matthew 5:5*) or
Jeremiah 1:11,12, Jeremiah 8:7, Matthew 7:15-20,
Mark 1:9-13, Mark 4:26-34, John 12:24 or
the reading of the day.

You will labour,
but God will bless your work.

You will walk,
but God will bless your footsteps.

You will suffer,
but God will bless your tears.

Dwelling in the earth are the seeds of all.
Dwelling in the soul is the Son of God.

There may be singing or free prayer.

Bless all work done today
that enables the human family
to be clothed, fed and housed,
to travel and learn,
to communicate respectfully
and exchange wisely,
to craft and celebrate,
in everything reflecting your glory.

Good God, be with us in every experience of life.

There may be singing.

May you, our God, who dances with creation,
plants your likeness in all people
and works to restore all things,
Send us out to love this world.

Send us out to fill the world with love.

Amen.

MONDAY EVENING PRAYER

We bless you, O God and forget not all your benefits.

We bless you for your creation which is alive with your glory.

You nod and beckon to us through every stone and star.

As the sun sets in the west may we settle down with you.

There may be singing or else silent reflection on ~~the spoiling~~ of God's creation.

Either

Psalm 24, 29; 36:5-9, 95, 104:1-13; 104:14-24; 104:25-35, or the psalm of the day from a lectionary, or any other psalm.

Glory to you, the Source of all being, Eternal Word and Spirit of life, as it was in the beginning, is now and ever shall be. Amen.

Or

The following verses from Psalm 50.

The mighty God calls to the earth from sun's rising to its sleep.
God the Eternal Source shines forth perfect in spiritual beauty.

**With fiery skies and raging storms
God calls to heaven, to earth:
'Bring to me those faithful souls
who give their hearts to me.'**

The Mighty God requires our eyes and beckons us to listen:

'You cannot earn a place near me, for all that lives is mine:

**The cattle on a thousand hills,
the wildlife, trees and birds.
If I hungered, I'd not tell you
for all that lives is mine.**

So call to me in trial, in joy,
and give to me your thanks.
Do not ingratiate yourselves;
let gratitude abound.'

**Glory to you, the Source of all being,
Eternal Word and Holy Spirit,
as it was in the beginning, is now and ever
shall be. Amen.**

~~We bless you, Lord,
for the beauty of the trees,
the softness of the air,
the fragrance of the grass.~~

~~We bless you, Lord,
for the soaring of the skies,
the rhythms of the earth,
the stillness of the night.~~

~~We bless you, Lord,
for the twinkling of the stars,
the freshness of the morning,
the dewdrops on the flower.~~

~~We bless you, Lord,
for the taste of good food,
the trail of the sun,~~

and the life that never goes away.

Genesis 2:4-9; Genesis 6:17-22; Genesis 8:13-22; Proverbs 30:24-28; Isaiah 11:6-9; Isaiah 65:17-25; Jeremiah 8:5-7; 51:20-24; Hosea 2:14-23; Judith 16:13-16, or the reading of the day from a lectionary or reading scheme; or another Old Testament reading.

There may be silence.

Lord, you are my island,

in your bosom I nest.

You are the calm of the sea,

in that peace I rest.

You are the waves on the shore's glistening stones,

their sound is my hymn.

You are the song of the birds,

their tune I sing.

You are the sea breaking on rock,

I praise you with the swell.

You are the ocean that laps my being,

in you I dwell.

Matthew 6:25-34; Matthew 27:45-51; Mark 13:28,29; Luke 8:22-25; Luke 15:1-7; Romans 8:19-28; 1 John 4:2-12, or the reading of the day from a lectionary or reading scheme; or another New Testament reading.

There may be silence or teaching, or the following.

We bless you, Lord,

**for the beauty of the trees,
the softness of the air,
the fragrance of the grass.**

We bless you, Lord,
**for the soaring of the skies,
the rhythms of the earth,
the stillness of the night.**

We bless you, Lord,
**for the twinkling of the stars,
the freshness of the morning,
the dewdrops on the flower.**

We bless you, Lord,
**for the taste of good food,
the trail of the sun,
and the life that never goes away.**

We give thanks for the moments of creation
and grace we have seen in this day . . .
(Examples may be named)

Generosity of God, spilling over into creation,
we bless you for flowers and their wealth
of beauty,
for creatures and their glorious variety,
for seas and seasons and scents.
**May we, too, reflect something of your
glorious generosity.**

We pray for the well-being of the creation,
the healthfulness of the air,
the richness of the earth and its provisions,
and the beauty of the whole world.

**Creator, make us co-workers with you that the
earth and all who live upon it may reap a full
harvest.**

Show us how to reflect your rhythms in our life
and work and to conserve the world's rich
resources.

**Help us to give all creatures their due respect,
to tend cattle and crops with care.**

Guide science along wise and considerate ways
that we may fashion agriculture that truly
enhances
and that we may sustain a vibrant
environment.

**May we too shine with the vibrancy of your
love.**

Peace to the land and all that grows on it.
Peace to the sea and all that swims in it.
Peace to the air and all that flies through it.
Peace with our God who calls us to serve.

MONDAY NIGHT PRAYER

As the light fades and the work of the day is done, as the flowers and the laptops close, as the sun goes down and the world becomes quieter, ~~in the stillness~~ let us draw near to the Son of God.

(RS Note: the original is much more repeatable and memorable: 'as the world becomes still')

**Blessed be all creation, for all life comes from you, Lord God, King of the Universe.
Blessed be the earth, may it support our bed tonight.**

There may be singing or playing of a creation themed song

Psalm 8, 16, 19:1-6, 74, 105:26-45, 114, 119:82-91 or the set psalm

**We give you thanks that you are always present, in all things, each day and each night.
We give you thanks for your gifts of creation, life and friendship.
We give you thanks for the blessings of this day . . .**

Name blessings in silence or aloud.

When we are calm and still we can sense you, our Maker, we can feel your presence with us. All that has been made stirs within us creation's song of praise.

We give you thanks for work completed. We give you thanks for rest at night.

Genesis 1:3-5, 31a, Psalm 136:1-9 or another Bible passage

Guardian of the planets, Kindler of the stars,
we pass into the darkness encompassed by you.

There may be silence or singing, or a pause to reflect upon the past day.

We offer you our concerns and the needs of your creation.

Open prayer for the needs of creation and current ecological needs and issues

Thank you for your love for us, strong and nurturing;

we give back our lives to you.

Thank you for our minds, bodies and souls;

we give back our lives to you.

Thank you for the past day;

we give back our lives to you.

After creating all things God rested;

we give back our lives to you.

Protect us through the hours of this night, be they silent or stormy, that we who are wearied by the changes and chances of a restless world may rest upon you eternally.

You created the world out of love; we return love to you. Let us rest in God this night and awake in newness of life. Amen.

TUESDAY MORNING PRAYER

Glory to the most High God who has come to live among us,
he has come to make peace in a hostile world.

Christ, born of the loveliest Mary,
you are with us in our birth.

Christ, brought up as a carpenter,
you are with us in our work.

Christ, friend of seeker and outcast,
you are with us in our friendships.

Christ, noble in suffering and death,
you are with us in our trials.

Christ, eternal Son of God,
you are with us evermore.

There may be singing.

Either

Psalm 5, 72, 89:19-29, 111, 118:19-29, 122 or
the psalm of the day from a lectionary, or any other psalm.

Or

The following verses from Psalm 85.

You forgave the sins of your people and restored your land, O God.

Restore us too, O God our Saviour.

Show us your unfailing love:

revive us again that we may rejoice in you.

I will listen to what the Eternal God, who promises us divine peace, will say.

Your salvation is near those who revere you so that your glory may dwell in our land.

Love and faithfulness meet together,
justice and peace embrace.

**Faithfulness springs forth from the earth,
righteousness looks down from heaven.**

The Eternal God will give us a harvest of goodness.

Righteousness prepares the way for you to move among us.

Dear Son of Mary, you took flesh to redeem us,
change our hearts.

Dear Son of God,
you came to us with sacrificial love,
change our hearts.

There may be silence or these words of forgiveness.

The Son of God bounds towards us reaching out a hand of reconciliation.

Let us take it, and listen to God's Word.

Micah 4:1-4, Isaiah 7:14, 26:12, 54:10, 55:12, Genesis 49:8-10, Proverbs 12:20 or the reading of the day from a lectionary or reading scheme; or another Old Testament reading.

We bless you, our great God,
for you have set your people free.

You have raised up for us a mighty Saviour,

born of your servant David's family.

Through your holy prophets you promised of old

that you would save us from all who hate us.

You promised to show mercy to our forebears
and to remember your holy covenant.

You vowed to our ancestor Abraham
to set us free to worship you without fear.

The dawn from on high shall break upon us
to shine on those in darkness and to guide us into peace.

Matthew 2:13-end, Luke 2:22-40, Galatians 4:1-7, Ephesians 2:12-22, Hebrews 1:1-4, 1 John 1:1-9 or 4:7-16 or the reading of the day or the reading of the day from a lectionary or reading scheme; or another New Testament reading.

There may be meditation or singing.

Babe of heaven, defenceless Love,
you had to travel far from your home.
Strengthen us on our pilgrimage of trust on earth.

King of glory, you accepted such humbling.
Clothe us with the garments of humility.

Child of Mary, your birth shows us the simplicity of the Father's love.

Keep us in the simplicity of that love.

Child of Glory, your coming shows us the wonder of being human.

Help us to cherish every human life.

Christ who was heralded as Prince of Peace,
you came to remove the wall that divides one
people from another. May walls of hostility
come tumbling down,
especially . . . (*situations may be named*)

Christ who comes with justice and peace,
we pray for the peace and well-being of the
whole world, and of all the churches, especially
. . . (*situations may be named*)

*The Lord's Prayer may be said or there may be
singing.*

May God help us to live simply, laugh often,
and love deeply.

May we see the face of Christ in everyone we
meet.

**May everyone we meet see the face of Christ
in us.**

Deep peace of the quiet earth to you,
deep peace of the still air to you,
deep peace of the forgiving heart to you,
deep peace of the Son of peace.

TUESDAY MIDDAY PRAYER

O Christ, you came among us to restore our ancient beauty.

You became poor that we may become rich.

In the whirling wheels of the world,
you are with us.

When our day takes its toll,
you are with us.

In the clamour of voices,
you are with us.

When the sun shines on us,
you are with us.

When the world turns sour,
you are with us.

On suitable occasions anyone may add a sentence:

When . . .

You are with us.

There may be singing.

Make us aware, dear God, of
the eye that beholds us,
the hand that holds us,
the heart that loves us,
the Presence that enfolds us.

Psalm 100, 103:1-18, 117 or any sections of 119.

The following refrain may be said or sung:

Glory to you, O God of life,

**Source of our being,
eternal Word and Holy Spirit.**

Your will keep in perfect peace those whose mind is steadfast because they trust in you.

Isaiah 26:3.

These or other words of Christ are read:

The virgin will conceive and give birth to a son, and they will call him Emmanuel, which means God with us *Matthew 1:23*

Happy are you who are peacemakers.
You will be called God's children.
Matthew 5:9

I am with you always to the end of the ages.
Matthew 28:20

My peace I give to you,
not as the world gives do I give to you.
John 14:27

Since we have been put right with God through faith, we have peace with God through our Lord Jesus Christ. *Romans 5:1*

Silence, music or singing

Circle us, O God, for the rest of the day;
keep harm without,
keep good within.

Any may pray

Circle . . .

keep . . . without,
keep . . . within.

Lead us from fear to trust.

Lead us from despair to hope.

Lead us from hate to love.

Lead us from war to peace.

Deep peace of the Son of peace

fill our hearts, our workplace, our world.

The final prayer may also be sung (Celtic Hymn Book, no. 132).

May the eternal Glory shine upon us,
may the Son of Mary stay beside us,
may the life-giving Spirit be a canopy over us,
may the eternal Three be ever with us.

TUESDAY EVENING PRAYER

The peace of Christ has come into the world.
The peace of Christ has come into the world.

Mary's Song may be said or sung twice to the tune 'Amazing Grace.'

**Magnificat, magnificat,
praise God my soul, praise God.
The proud are downed, the poor raised up,
Magnificat my soul.**

Either

Psalm 19, 46, 80, 85, 97, 110, 117 or the psalm of the day from a lectionary, or any other psalm.

Or

Psalm 46 as follows.

God is our refuge and strength,
a very present help in trouble.

**Therefore we will not fear,
though the earth should change,
though the mountains shake in the heart
of the sea;
though its waters roar and foam
though the mountains tremble with its
tumult.**

There is a river whose streams make glad
the city of God,
the place where the Most High dwells.

**God is at the centre of the city
which therefore shall not be moved.
God will help it when the morning dawns.**

The nations are in an uproar.
Kingdoms totter.
God's voice thunders: the earth melts.

**The Lord of untold multitudes is with us;
the God of our founders is our refuge.**

Look carefully at the desolation God is bringing
about on the earth.
Everywhere wars are ceasing,
weapons are dismantled and destroyed
and God is saying
'Be still and know that I am God!
I am exalted among the nations,
I am exalted in the earth.'

**The Lord of untold multitudes is with us;
the God of our founders is our refuge.**

We offer to you, Lord, the troubles of this day;
we lay down our burdens at your feet.

There may be a pause.

Forgive us our sins, give us your peace,
and help us to receive your Word.
In the name of Christ.

*Isaiah 9:2-7, 11:1-9, 41:8-20, 54:9-10, 55:12-13
62:11-end, Micah 4:1-4 or the reading of the
day from a lectionary or reading scheme; or
another Old Testament reading.*

When the day takes its toll,
**Christ bounds down the mountains towards
us.**

When we cry out in pain,
**Christ bounds down the mountains towards
us.**

When all's well with the world,
**Christ bounds down the mountains towards
us.**

When we need strength to do right,
**Christ bounds down the mountains towards
us.**

*Luke 2:67-79, John 14:25-27, Romans 8:28-39,
Philippians 2:5-11, 4:4-7, Hebrews 1:1-6, James
4:1-12 or the reading of the day from a
lectionary or reading scheme; or another New
Testament reading.*

We give you thanks, our God, that you are
always present, in all things, each day and each
night.

We give you thanks for your gifts of creation,
life and friendship.

We give you thanks for the particular blessings
of this day . . .

*There may be a brief pause, the naming of
blessings, singing in tongues or a sung
response.*

Christ, the peace of things above, and the rest
of those below, establish in your peace the five

continents, and especially your universal Church.

Banish wars from the ends of the earth and disperse those who delight in terror.

Child of glory, Child of Mary, born in a stable, King of all, you came to our wasteland; in our place suffered. By choosing to be born as a child you teach us to revere every human life.

May we never despise, degrade or destroy it. Rather, help us sustain and preserve it.

Child of humanity, Trinity's only Son, gentle and strong, from whose line we come, bring your peace to your warring children.

**Peace between rich and poor,
peace between races and religions,
peace between parents and children.**

Bring your peace to those we name before you now . . .

There may be singing.

Help us, Lord, to guard our words,
to overcome hostility with love,
to make peace
in love of the King of Life.

The final prayer may also be sung (Celtic Hymn Book, no. 40).

Deep peace of the running wave to you,
deep peace of the flowing air to you,
deep peace of the quiet earth to you,

deep peace of the shining stars to you,
deep peace of the Son of peace to you,
deep peace, deep peace.

TUESDAY NIGHT PRAYER

Peace to us and to all who seek good.

**The peace of the Spirit be mine this night,
the peace of the Son be mine this night,
the peace of the Father be mine this night,
the peace of all peace be mine this night,
each morning and evening of my life.**

There may be singing or music played

We offer you, Lord, the troubles of this day, we lay down our burdens at your feet.

There may be a pause.

Forgive us our sin, give us your peace, and help us to receive your Word.

From Psalm 4

Many people say, 'If only we might see some good! Let some light from your face shine upon us, O God!' You have put gladness in my heart more than when all their material benefits abound. I will lie down and sleep in peace; for you alone, O God, make me lie down in safety.

May any fears of the day recede, may all treasures of night draw near.

**O Christ, Son of the living God,
may your holy angels guard our sleep;
may they hover around our beds
and watch over us as we rest.**

Let them reveal to us in our dreams ~~many~~ visions of your glorious truth.

May no fears or worries delay a prompt repose.

New Testament reading.

The following or other words of Christ are read.

Jesus said: "Are you tired? Worn out? ~~Burned out on religion?~~ Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

Matthew 11:28-30 (The Message)

There may be meditation or sharing of thoughts.

Gracious God, bless and keep our dear ones, wherever they are, especially . . .
(name openly or silently those you wish God to bless...)

May heaven's peacekeepers encircle us all with their outstretched arms; to protect us from the hostile powers, to put balm into our dreams to give us contented, sweet repose.

We lie down in peace knowing our sins are forgiven;

we lie down in peace knowing death has no fear.

We lie down in peace knowing strength in our weakness;

we lie down in peace knowing Jesus is near.

Peace to you.

We bless you now in the name of the Lord.

Peace to you.

We bless you now in the name of the Prince of Peace.

Peace to you.

Amen

WEDNESDAY MORNING PRAYER

Come, Creator Spirit, fresh as the morning dew;
revive us and make us new.

Let us arise today in the Spirit's power.

In the place of fear;

God's strength to uphold me.

In the place of emptiness;

God's love to fill me.

In the place of confusion;

God's eye for my seeing,

to save me from false agendas

that harm both body and soul.

There may be singing.

Either

Psalm 30:1-5, 41:1-3, 51:1-12, 91, 103:2-4,
107:17-22 *or the psalm of the day from a
lectionary, or any other psalm.*

**Glory to God, Creator, Redeemer, Sustainer
for ever.**

Or

The following words from Psalm 1.

Happy are those who heed neither the words
nor the ways of the godless,
whose delight is in God's law
on which they meditate day and night.

**They are like trees planted by streams
which yield their fruit every season.
Their leaves do not wither;**

they flourish in all they do.

The godless are not so.

They are like refuse blown about by the wind.

They are like wrongdoers

who fail to fool a court of justice;

even if they ingratiate themselves

with the upholders of justice

they are exposed for what they are.

**The way of the godless will come to nothing,
but God guides the path of those who do
right.**

**Glory to God, Creator, Redeemer, Sustainer
for ever.**

From false desires and selfish deeds,

all-knowing God, deliver us.

From unworthy thoughts and prideful claims,

all-seeing God, deliver us.

From unclean hearts and petty ways,

all-cleansing God, deliver us.

Exodus 15:26, 23:25, Proverbs 4:20-23, Isaiah
6:1-8, 49:1-8, Jeremiah 17:12-14, Malachi 4:2
*or the reading of the day from a lectionary or
reading scheme; or another Old Testament
reading.*

Healer from heaven,

renew our bodies.

Healer from heaven,

revive our hearts.

Healer from heaven,

restore our souls.

God becomes one with us,
that we may be one with God.

Matthew 8:16-20, 28:16-20, Luke 4:38-39,
5:12-15, 5:17-26, 6:6-11, 7:11-16 *or the reading
of the day from a lectionary or reading scheme;
or another New Testament reading.*

There may be meditation and singing.

Come like fire and warm our hearts.

Come like wind and refresh our frames.

Come like water and revive our souls.

Come like the earth and nourish our being.

Holy Spirit refine us,

that we may be just and true.

Sending Spirit, release us,

that we may touch lives for you.

Disturbing Spirit recharge us,

that our jaded lives become new.

The following prayer may be sung or said.

On those whose day is drab,

come, Holy Spirit.

On those who harbour fear,

come, Holy Spirit.

On a parched land,

come, Holy Spirit.

On . . .

come, Holy Spirit.

There may be free prayer.

Eternal God and Father,
you create us by your power
and redeem us by your love:
guide and strengthen us by your Spirit,
that we may give ourselves in love and service
to one another and to you.

There may be singing.

Lord, may your Church grow in holiness
and in number.

**Peace and blessing from the Spirit
and from the Three who are ever One.**

May our hearts beat this day with the wings of
the Wild Goose.

WEDNESDAY MIDDAY PRAYER

Holy Spirit,
come as a gentle breeze
that cools in the heat of the day,
come as the calming Presence
that restores stillness to our being.

**Wind of heaven,
blow away dross and deceits,
refresh our battered souls,
brace us for what is to come.**

There may be silence or singing.

Psalm of the day, *Psalm 23 may be said in the following way or a hymn version may be sung*

God is my shepherd,
who refreshes me in green pastures,
restores me by quiet waters,
and leads me to the right ways.

With God I lack nothing I truly need.

Even though I walk through the valley
of the shadow of death

I will fear no evil, for you are with me,
your protecting staff comforts me.

With God I lack nothing I truly need.

You prepare a feast for me
even when hostile people surround me,
you anoint me with oil and my life overflows.

With God I lack nothing I truly need.

Surely goodness and mercy shall follow me
all the days of my life

and I will dwell in your presence for ever.

With God I lack nothing I truly need.

Perfect Comforter! Wonderful Refreshment!
You make peace to dwell in our soul.
In our labour, you offer rest;
in temptation, strength.
From heaven shine forth with your glorious
light.
Silence or singing

When the day is dull,
**may your Spirit open our eyes to hidden
glories**
When we are tired and weary,
may your Spirit open our hearts to peace
When the world is harsh and barren,
**may your Spirit open our lives to bring life and
healing.**

Happy are you when you are defamed or
excluded. Leap for joy, your reward in heaven
is great. *Matthew 5:11*

The Spirit will show you what to say.
Luke 12:12

The Holy Spirit joins with our spirit to affirm
that we are children of God.
Romans 8:16

*****.

The fruit of the Spirit is love, joy, peace,
patience, kindness, generosity, faithfulness,
gentleness, and self-control. *Galatians 5:22-23*

Alleluia.

Alleluia.

*There may be singing, free prayer or the Lord's
Prayer.*

Holy Spirit, for the rest of the day renew in us;
**joy in our work,
life in our being,
love in our relationships.**

WEDNESDAY EVENING PRAYER

Kindling Spirit, come,
inflame our waiting hearts.

**Consoling Spirit, come,
you know our every need.**

There may be singing.

Either

Psalm 29, 33, 113, 126, 133, 138 *the psalm of the day from a lectionary, or any other psalm.*

Or

The following verses from Psalm 139.

O Lord, you have searched me and known me.
You know when I sit down and when I rise up;
you discern my thoughts from far away.

**You search out my path and my lying down,
and are acquainted with all my ways.
Even before a word is on my tongue,
O Lord, you know it completely.**

You hem me in, behind and before,
and lay your hand upon me.
Such knowledge is too wonderful for me;
it is so high that I cannot attain it.

**Where can I go from your spirit?
Or where can I flee from your presence?
If I ascend to heaven, you are there;
if I make my bed in Sheol, you are there.**

If I take the wings of the morning
and settle at the farthest limits of the sea,
even there your hand shall lead me,

and your right hand shall hold me fast.

**If I say, “Surely the darkness shall cover me,
and the light around me become night,”
even the darkness is not dark to you;
the night is as bright as the day,
for darkness is as light to you.**

There may be a pause.

*Jeremiah 31:31–34; or the reading of the day
from a lectionary or reading scheme; or
another Old Testament reading.*

*The following may be said, or sung to the tune
‘Veni Creator Spiritus,’ or another suitable song
may be sung.*

Come, Holy Spirit, our souls inspire,
and lighten with eternal fire.
Implant in us your grace from above,
enter our minds and hearts with love.

**O come, anointing Spirit of peace,
wellspring of life and gentleness.
Past ages called you the Paraclete;
with sevenfold gifts you make us complete.**

You are the Power of God’s right hand,
promise of God to Church and land.
Life-giving words to us impart;
illumine and transform our heart.

**Into our souls your love now pour;
refresh our weak frame with strength and
power.
Give grace and courage to endure;
cast far away our deadly foe.**

Grant us your peace through every day,
with you as Guide upon the way
evil no more our souls shall harm,
we shall know as we are known.

**Teach us the Trinity to know;
Father, Son and Spirit, too:
the Three in One and One in Three,
now and ever, eternally.**

*John 7:37–9 or Galatians 5:14–26, Matthew
15:30-31, Acts 18:24-19:7, James 5:13-16, 3
John 2 or the reading of the day from a
lectionary or reading scheme; or another New
Testament reading.*

There may be meditation and singing.
Spirit of Truth, look down upon a world
in thrall to lies and illusions,
**work in the darkness to bring all things into
light.**

Anointing Spirit, distribute among us your gifts:
**wisdom, understanding and strength,
knowledge, reverence and insight.**

*There may be silence, open prayer, the use of
spiritual gifts or singing.*

Great Creator of the glowing moon and shining
stars,
Great Saviour of the miraculous birth and rising
from death,
Great Spirit of the seers and sacred words;
**Work through our minds,
work through our dreams,**

**work through our mouths,
so we may become a sign of your presence.**

There may be free prayer.

Comforting Spirit, come to all who pass
through trial and to those we love, especially ...
(people and situations may be named.)

There may be singing.

Send us out in the power of the Spirit,
to kindle many flames of love.

WEDNESDAY NIGHT PRAYER

We gather in the presence of the God of wholeness, in the presence of Compassion's Son, in the presence of the healing Spirit.

Tonight may we be one.

Christ is always present when we gather in his name.

Tonight we welcome him as healer.

There may be singing or silence

I Peter 5:6-7, Psalm 103:1-5 or 147:1-3. *or verses from another psalm*

Christ always walks the world with those who suffer; let us pray for broken places of the world, especially . . . *(name places openly)*

Heal these places of the lust for gain that demeans, and of the bitterness of revenge that destroys.

Let us circle in healing prayer those known to us whom now we name . . . *(name people openly)*

Isaiah 53:4-5 Hosea 6:1-3, 14:4-7, Mark 1:29-45, 2:1-12, Acts 5:15, 16 *or another healing story.*

Silence or music during which candles may be lit for those places and people mentioned.

Spirit of the living God, present with us now, circle these places and people we have named; enter their physicality, mentality and spirituality and heal all that harms.

Let us pray for the healing of what is fragmented in our own lives.

Lord, forgive us for resentment.

Pause.

Lord, forgive us for rush.

Pause.

Lord, forgive us for lack of trust.

Pause.

Lord, forgive us for the ways we have marred your image in us.

Pause.

Lord, we open ourselves in love and faith to your healing presence, O Christ.

On appropriate occasions the laying on of hands and/or anointing with oil may happen to those present who come for healing now or after the closing prayer.

There may be music or singing.

Great Spirit, who broods over the sleeping world, as we sleep this night,
restore the garment of our self-respect and remake us in your beauty. Renew in us as we sleep; the stillness of our being, the soundness of our bodies and bring to dawn our wholeness. Amen

THURSDAY MORNING PRAYER

Birther of the human race,
you summon the day to dawn
and call us to live in communion.

**Thrice holy God, eternal Three in One,
make your people holy, make your people
one.**

**Stir up in us the flame
that burns out pride and power,
restore in us the trust
that brings the servant heart to flower.
Thrice holy God, come as the morning dew,
inflame in us your love
that draws all lesser loves to you.**

There may be singing.

Either

*Psalm 97, 98, 110, 111, 113, 115, or the psalm of
the day from a lectionary, or any other psalm.*

**Glory to the Father, to the Son,
and to the Spirit, one God who mothers us all.**

Or

Psalm 67 as follows

God be gracious to us and bless us;
may your face shine upon us.
Make known your ways on earth;
your saving health among all nations.

**May all the peoples praise you, O God,
may all the peoples praise you.**

May the nations be glad and sing for joy,
for you rule the peoples justly
and guide the nations upon earth.

**May all the peoples praise you, O God,
may all the peoples praise you.**

Then the land will yield its produce
and our God will bless us.

**May all the peoples praise you, O God,
may all the peoples praise you.**

**Glory to the Father, to the Son,
and to the Spirit, one God who mothers us all.**

We confess to you, O God, that our lives
and the world are fragmented by sin.

There may be a pause.

Source of all,
have mercy on us.

Saviour of all,
have mercy on us.

Sustainer of all,
have mercy on us.

The Saviour reaches out his hand
to announce a loving reconciliation.

Thanks be to God.

*Genesis 1:26-27, Genesis 18:1-8, Exodus 3:1-6,
Isaiah 6:1-8, 40:12-end, 56:1-8 or Revelation 4,
or the reading of the day from a lectionary or
reading scheme; or another Old Testament
reading.*

May our sons be like plants that grow up
strong.

**Happy the people whose God is the Eternal
Source.**

May our daughters be like pillars crafted for
a palace.

**Happy the people whose God is the Eternal
Source.**

May our stores be filled with worthy goods.
**Happy the people whose God is the Eternal
Source.**

May creatures and crops grow into well-being.
**Happy the people whose God is the Eternal
Source.**

May our streets be free from clamour and
crime.

**Happy the people whose God is the Eternal
Source.**

From Psalm 144

*Matthew 28:16-20, Mark 1:1-13, John 3:1-8,
Romans 12:4-18, Philippians 2:1-8, or
Colossians 3:12-17, 2 Thessalonians 3:18, or the
reading of the day from a lectionary or reading
scheme; or another New Testament reading.*

There may be meditation or singing.

Through Word and Sacrament you come to us,
O Christ.

And we come to you.

God makes covenant with us and restores our
life.

**And We make covenant with God and receive
restoration.**

The Trinity invites us into community.
With joy we share the Divine life.

*After any of the following responses, examples
of current concerns may be offered to God.*

Ground of all being, all peoples come from you,
**may we honour one another and seek the
common good . . .**

Reconciler of all people,
employers, employees and shareholders
are like fingers on your hand,
**may the wealth and work of the world
be available to all and for the exploitation of
none . . .**

Unity of the world,
from you all peace, all justice flows,
**may we cherish the web of life and respect
the rule of law . . .**

There may be singing.

~~Eternal God and Father,
you create us by your power
and redeem us by your love:
guide and strengthen us by your Spirit,
that we may give ourselves in love and service
to one another and to you.~~

For my shield this day I call:
a mighty power, the Holy Trinity.
**Faith in the Three, trust in the One,
creating all through love.**

The following blessing may be said or sung.

**Into the Sacred Three I immerse you,
into their power and peace I place you,
may their breath be ours to live,
may their love be ours to give.
Into the Sacred Three I immerse you.**

THURSDAY MIDDAY PRAYER

We gather in the name of God,
creating, redeeming, giving us life.

There may be singing.

God of justice, God of peace,
in the ~~heat~~ midst of the day
we take refuge in you.

Glory to you, Father,
glory to you.

Glory to you, Saviour,
glory to you.

Glory to you Spirit,
glory to you.

Psalms 121, 125, the following from Psalm 133
or the set psalm.

How good it is, how pleasing, for God's people
to live together in harmony. It is like precious
ointment ~~running down a face~~ poured on the
head. It is like dew falling on the hills. This is
where the Lord has promised his blessing, life
that never ends. *From Psalm 133*

We weave this day
silence of knowing,
clearness of seeing,
grace of speaking.

Pause.

We weave this day
humility of listening,

depth of understanding,
joy of serving.

Pause.

We weave this day
peace of being,
gift of loving,
power of meeting.

Pause.

Matthew 7:7-12, Matthew 18:20, 1 Corinthians
12:4-11, 13:4-13, 1 John 1:1-7, 1 John 2:12-14,
1 Corinthians 12:4-13 or the reading of the day.

There may be meditation.

All may say or sing to the tune 'Bunessan,'

Christ be within me,
Christ be beside me,
Christ in the stranger,
Christ in the friend,
Christ in my speaking,
Christ in my thinking,
Christ in my working,
Christ at my end.

God of community,
Spirit of energy and change,
pour on us without reserve or distinction,
that we may have strength to plant your justice
on earth.

Your kingdom come, your will be done,
on earth, as it is in heaven.

Your kingdom come.

Your kingdom come in the people or situations
we now name . . .

*(People or situations may be named aloud or
silently.)*

Your kingdom come.

The Three who are over our head,
the Three who provide our bread,
be with us wherever we tread.

THURSDAY EVENING PRAYER

Holy, holy, holy is the eternal Flame undying,
burning here among us in sacrificial love.

Candles may be lit.

We give you thanks, Kindly Light, that you led
our forebears in the Faith through a cloud by
day
and a fire by night, and that you ever lead your
people on. We give you thanks that you have
led
us to this place. Pour forth your kindness on
your
people, Creator, Saviour, and radiant Spirit.

There may be singing.

Either

Psalm 8, 82, 86:8-13, 93, 116:10-end, 119:129-
136, 149, *the psalm of the day from a
lectionary, or any other psalm.*

**Give justice to the weak and the orphan;
maintain the right of the lowly and the
destitute.**

**Rescue the weak and the needy;
deliver them from the hand of the wicked.”**

They have neither knowledge nor
understanding,
they walk around in darkness;
all the foundations of the earth are shaken.
I say, “You are gods,

children of the Most High, all of you;
nevertheless, you shall die like mortals,
and fall like any prince.”

**Rise up, O God, judge the earth;
for all the nations belong to you!**

**Glory to the Father, to the Son,
and to the Spirit, one God who mothers us all.**

We offer to you, Lord, the troubles of this day;
we lay down our burdens at your feet.

There may be a pause.

Forgive us our sins, give us your peace,
and help us to receive your Word.

In the name of Christ. Amen.

1 Samuel 21:1-15, Job 13, Job 14, Job 15, Job
16:1-17:2, Jeremiah 9:23-24, *Isaiah 51:4-6, or
the reading of the day from a lectionary or
reading scheme; or another Old Testament
reading.*

Triune God who mothers us all,
nurture the people through your Church.

Through her pastors,
nourish us.

Through her teachers,
establish us.

Through her prophets,
envision us.

Through her musicians,

inspire us.

Through her saints,
sanctify us.

Through her givers,
bless us.

*John 14:18-26, 15:1-11, 17:20-23, Romans
12:1-13, Galatians 3:23-28, Ephesians 3:1-13 or
Philippians 2:1-11; or the reading of the day
from a lectionary or reading scheme; or
another New Testament reading.*

There may be meditation and singing.

Lord Christ, you prayed for the unity of all who
believe:

**may your churches rejoice in the communion
of heaven and attain communion round one
table on earth.**

Lord Christ, you call us to love our neighbours:
**may we and our local communities seek the
common good.**

Lord Christ, through bread and wine you give
us signs of your Presence transforming all
creation:

**may we and those in the media glimpse this
vision, and reflect it to the world.**

*We pray for reconciliation to be experienced
and memories healed in all parts of the
universal Church.*

There may also be free prayer or the following.

O God, grant us unity.
Bless the oppressed, bless the oppressor.
Draw all people home to you.

Pause.

Deliver the downtrodden, pity the unnoticed.
Raise the fallen, show yourself to the needy.

Pause.

Heal the sick, bring back those who have
strayed.

Pause.

Feed the hungry, lift up the weak.
Remove the prisoners' chains.

Pause.

May every people come to know that you are
God, that Jesus Christ is your Child,
that we are your people.

There may be singing.

Lord Jesus Christ, Light of the world, by your
cross you have overcome all darkness that
oppresses.

**Come and shine on us in our communities,
that we may grow and live together in your
love, which makes us one with all humanity.**

**The grace of our Lord Jesus Christ, the love of
God, and the fellowship of the Holy Spirit be
with us all evermore. Amen.**

THURSDAY NIGHT PRAYER

Three candles may be lit as the following words are said by one or three people.

I light a light in the name of the Father who ~~fosters~~ embraces us.

I light a light in the name of the Saviour Son who embraces us.

I light a light in the name of the Spirit who encircles us.

**Our God is One,
the God from whom all people come,
one earth is the bed on which we make our
home, one is the air that all creatures breathe.**

~~On your world, Lord,
your love descend this night.~~

~~On your Church, Lord,
your love descend this night.~~

~~On all who work, Lord,
your love descend this night.~~

~~Where there is strife, Lord,
your love descend this night.~~

~~Where there is neglect, Lord,
your love descend this night.~~

~~On all who sleep, Lord,
your love descend this night.~~

~~*Each may add statements, after each all say,
'your love descend this night.'*~~

Mighty One,
I give you thanks with my whole heart.

Great are your works:
all who sense their wonder study them.
Your work overflows with majesty and honour
and your righteousness lasts for ever.
You are gracious and full of mercy.
You provide food for those who honour you.
You are faithful and just in all you do.
Reverence for you is the beginning of wisdom;
all those who practise it have good
understanding.

From Psalm 111

There may be singing or music.

We thank you for your presence through the
day and for friends who have helped us on our
way.

**As shadows fall and the wheels of the world
grow still, forgive us for our failures in love.**

Visit the place in which we rest this night and
drive away all that would harm.

May holy angels preserve us in peace.

Psalm 11:1-4, 7, 81, 148, John 15:12-17, 17:6-
12, Romans 12:15-18, Ephesians 3:14-19

Support us, Lord, through life's troubles each
day,
until the shadows lengthen and evening comes,
the fever of life is over and our work is done.
Then, Lord, in your mercy, give us a holy rest,
and peace at the last.

There may be silence.

Romans 12:15-18.

*Either of the following sets of prayers may be
used.*

On your world, Lord,
your love descend this night.

On your Church, Lord,
your love descend this night.

On all who work, Lord,
your love descend this night.

Where there is strife, Lord,
your love descend this night.

Where there is neglect, Lord,
your love descend this night.

On all who sleep, Lord,
your love descend this night.

*Each may add statements, after each all say,
'your love descend this night.'*

Or

Circle the world, Lord,
keep grudges without, keep friendship within.

Circle the world, Lord,
keep bickering without, keep trust within.

Circle those we bring before you now . . .
(opportunity for all to add their own prayers)

There may be singing.

Kindle in our hearts, O God, the flame of that
love which never ceases, that it may burn in us
this night till we shine for ever in your
presence.

**God with us lying down, God with us rising up.
Christ with us sleeping, Christ with us waking.
Spirit with us now, Spirit with us evermore.
Amen.**

FRIDAY MORNING PRAYER

On this day of Christ's suffering and death,
let us be one with him in his wounds.

**We seek to tread in the steps of Christ,
in the steps of Christ, our Champion and King,
who has shown us the way,
when strong, when weak.**

Either

Psalm 6, 13, 26, 39, 51, 124 *or the psalm of the
day from a lectionary, or any other psalm.*

**Glory to the Maker, glory to the Son,
glory to the Spirit, ever Three and ever One.**

Or

The following words based on Isaiah 53:2-5.

Who has believed what we heard foretold
about the arm of God?

**He grew up before God like a tender shoot,
like a root out of dry ground.**

He had no beauty or majesty to attract us to
him,
nothing in his appearance to make us desire
him.

**People despised and rejected him,
he was a man of sorrows, steeped in grief.
Like someone from whom people avert their
gaze
he was looked down upon and given no
esteem.**

Yet even though we thought God had afflicted
him
and cast him down,
there is no question that he took our frailties
and carried our sorrows.

**He was pierced for our sins,
he was crushed for our wrongdoing,
his punishment brought peace to us,
we are healed by his wounds.**

Like sheep we have all gone astray,
we have each followed our own way
and God has pinned our failings onto him.

**After his soul-suffering he will see the light of
joy.**

**This righteous servant will put right many
people.**

He will be ranked with the greatest
because he poured out his life and his prayers
for us.

**Glory to the Maker, glory to the Son,
glory to the Spirit, ever Three and ever One.**

Jesus, you were driven to the sands
by the searching Spirit,
strip from us what is not of you.

Confession is made in silence, or as follows.

Forgive us;
**for our selfish deeds,
our empty speech,
and the words with which we have wounded.**

Pause

Forgive us;
**for our false desires,
our vengeful attitudes
and for what we have left untended.**

Pause

Holy Jesus, hanged on a tree, victorious
over death;

**forgive us for these sins,
free us from these evils
and power us into new ways.**

There may be singing.

*Genesis 22:1–14, Exodus 1:8-14 & 22, 2:1-15,
6:2-13, Zephaniah 3:1-7, Habakkuk 1:1-6,
Zechariah 3 or the reading of the day from a
lectionary or reading scheme; or another Old
Testament reading.*

Jesus, Saviour of the world,
come to us in your mercy.

We look to you to save and help us.

By your Cross and life laid down
you set your people free.

We look to you to save and help us.

When your disciples were about to perish
you reached down and saved them.

We look to you to come to our help.

In the greatness of your mercy,
free us from our chains.

Forgive the sins of all your people.

Come now, and dwell with us, Lord Christ
Jesus.

Hear our prayer and be with us always.

And when you come in your glory,
**make us to be one with you and to share the
life of your kingdom.**

Matthew 20:17-end, Luke 19:1-10, John 10:11-
15, John 15: 12-17, 19:16-30, Romans 6:6-11,
Hebrews 13:10-16 *or the reading of the day
from a lectionary or reading scheme; or
another New Testament reading.*

There may be silence.

Jesus, ~~broken~~ torn on the Cross,
we bring to you those suffering from
~~broken~~ shattered dreams, ~~broken~~ spoiled
relationships and broken promises . . . *(Pause
or give names.)*

Lord Jesus Christ,
have mercy on them.

Jesus, who lost everything,
we bring to you those who have suffered loss
of work, mobility and well-being . . . *(Pause or
give names.)*

Lord Jesus Christ,
have mercy on them.

Jesus, defenceless victim,
we bring to you those who are victims of
violence, abuse and false accusation . . . *(Pause
or give names.)*

Lord Jesus Christ,
have mercy on them.

Jesus, alone and destitute,
we bring to you those who are lonely,
homeless and hungry . . . *(Pause or give
names.)*

Lord Jesus Christ,
have mercy on them.

Saviour, you died that we may be brought
back to you, ~~save and raise up those who have
none but you to turn to~~ turn the hearts of
those who do not yet know you . . . *(Pause, or
give names)*

Lord Jesus Christ,
have mercy on them.

The Lord's Prayer may be said.

There may be singing.

**May the Christ who walks with wounded feet
walk with us on the road.
May the Christ who serves with wounded
hands stretch out our hands to serve.
May the Christ who loves with wounded heart
open our hearts to love.**

FRIDAY MIDDAY PRAYER

Jesus, Master Carpenter of Nazareth,
who, through wood and nails,
won our full salvation,
wield well your tools in this world,
your workshop,
that we who come to you rough-hewn
may here be fashioned into a truer beauty
by your hand.

[Check reference – cf John Stott “Your
Confirmation” ??]

Psalm 13 or 31:1-5.

There may be silence or singing.

We draw aside in the midst of the day.

~~May we receive the gift of tears
for the hungry and poor,
for children harmed and mistreated.~~

Where there is poverty and hunger,
where children are harmed and mistreated,
where people are maimed and broken,

We plead for your justice.

Where there is cruelty and hatred, ~~pain~~;
where there is greed, pride and suspicion,
where there is homelessness and ~~victims of~~
war

We plead for your justice to fill all the lands.

Lord Jesus, at this hour you hung on the cross,
stretching out your arms in love to all.

**May the peoples of the world
be drawn to your uplifted love,**

**especially those with whom we shall work this
day.**

Give us the will to share our bread with the
hungry,
to give room to those who feel rejected
and to reach out to those in need.

**We pray for those whose tasks are
backbreaking,
those whose bodies are ~~mutilated~~ enslaved or
those whose spirits are crushed.**

~~*During a silence, think of the hungry, the poor
and the oppressed and Jesus on the Cross in
solidarity with them.*~~

There may be silence.

~~*There may be free prayer followed by these
words of Jesus.*~~

Luke 14:25-33, 15:11-32, 18:9-14 or these

words of Jesus are said.

Happy you who hunger for justice;

you will be filled.

Happy you who show mercy;

you will receive mercy.

Happy you who weep ~~for the world~~;

you will laugh.

Matthew 5:4, 6, 7

There may be singing.

Lord Jesus, in the midst of mockery ~~and~~
~~madness~~

you found peace to remain in your Father's
will.

~~In the middle of this day full of worries,~~
**When we are mocked or put down,
give us peace to remain in our Father's will.**

*The Lord's Prayer is said in the traditional form
or as follows.*

Our Father in heaven,
honoured be your name,
your kingdom come,
your will be done
on earth, as in heaven.

Give us this day our daily supplies

and forgive us our sins,

as we forgive those who sin against us.

Lead us not into time of trial,

but deliver us from evil.

**For yours is the kingdom, the power and
the glory,**

for ever and ever.

Amen.

FRIDAY EVENING PRAYER

Sacrificial Love ?is here ?abides ?remains ?rests
among us,
calling us to wait and to watch.

Eternal Light,
shine into our hearts.

Eternal Goodness,
deliver us from evil.

Eternal Power,
strengthen us.

Eternal Wisdom,
scatter the darkness of our ignorance.

Eternal Pity,
have mercy on us.

**With our whole being we shall seek your face
until we are brought to your holy presence.**

There may be a meditative chant or singing.

Either

*Psalm 40, 42, 43, 54, 122, the psalm of the day
from a lectionary, or any other psalm.*

Or

~~Psalm 139:1-14, 23-24 as follows.~~

O LORD, you have searched me and known me.
You know when I sit down and when I rise up;
you discern my thoughts from far away.

You search out my path and my lying down,

**and are acquainted with all my ways.
Even before a word is on my tongue,
O LORD, you know it completely.**

You hem me in, behind and before,
and lay your hand upon me.
Such knowledge is too wonderful for me;
it is so high that I cannot attain it.

**Where can I go from your spirit?
Or where can I flee from your presence?
If I ascend to heaven, you are there;
if I make my bed in Sheol, you are there.**

If I take the wings of the morning
and settle at the farthest limits of the sea,
even there your hand shall lead me,
and your right hand shall hold me fast.

**If I say, “Surely the darkness shall cover me,
and the light around me become night,”
even the darkness is not dark to you;
the night is as bright as the day,
for darkness is as light to you.**

For it was you who formed my inward parts;
you knit me together in my mother’s womb.
I praise you, for I am fearfully and wonderfully
made.
Wonderful are your works; that I know very
well.

**Search me, O God, and know my heart;
test me and know my thoughts.
See if there is any wicked way in me,
and lead me in the way everlasting.**

There may be silence.

Lamentations 1:1-12a, 2:8-19, 3:1-18, 3:25-40,
Jeremiah 11:18-20, 44:1-14, Zechariah 9:9-12
*or the reading of the day from a lectionary or
reading scheme; or another Old Testament
reading.*

Lord, you were tested by the evil one;
break in us the hold of power and pride.

You knew deep tears and weaknesses;
help us to be vulnerable for you.

You followed to the end the ~~Way~~ way of the
Cross;
**help us to be faithful to you to the end of
our days.**

A Kyrie (‘Lord, have mercy’) may be sung.

*John 10:11–18, Galatians 6:11–end, Hebrews
9:15–end, 10:1-10, 10:12-22, 1 Peter 2:21b-25
or the reading of the day from a lectionary or
reading scheme; or another Old Testament
reading.*

There may be meditation or singing.

Lord Jesus, you died to save us,
not from suffering, but from ourselves;
not from injustice, but from being unjust.
You died that we might live as you did,
who died to yourself.

**In union with witnesses and martyrs of Christ;
in communion with all who have died
in the faith of Christ,**

we commit ourselves to our living God.

As we ~~struggle~~ seek to be faithful to you and struggle to establish justice, we bring to you those who are in chains.

Pause or free prayer

We bring to you people who are persecuted or oppressed, the homeless, the hungry and those in grinding poverty.

Pause or free prayer

We bring to you those who are in pain behind closed doors.

Pause or free prayer

~~Lord Jesus, you were released from the pain of the Cross; in you may the suffering find release.~~

We bring to you those who are locked into hatred;

Pause or free prayer

We bring to you all the world for which you died.

**Christ, victorious over evil,
~~Calm their hatred;~~ fill their hearts and ours
with generous love.**

There may be singing.

We go in the sign of the Cross of Christ
(+ make sign).

~~The Cross before us to keep us true.
The Cross behind us to shield us from ill.
The Cross above us to lead us through.~~
**The Cross above us to lead us through,
the Cross before us to keep us true,
the Cross behind us to shield us from ill,
this day and always. Amen.**

FRIDAY NIGHT PRAYER

Shadows darken this day;
the day Christ was laid in a grave.
The darkness shall not engulf us;
for with you the darkness is light.

Lord, by your Cross and precious death;
save us from the powers of evil,
save us from another's harm,
save us from our selfish failings,
come this night and give us calm.

There may be singing.

Psalm 90:1–12 or verses from another psalm

Created, evolved, accepted, loved: in response
to this grace of God let us confess our sins, that
when our bodies become but ashes we may
live with you for ever.

Let us reflect on the things that distance us
from Christ.

Pause.

~~*In silent examination of conscience, each
considers the things which may currently be
distancing them from God.*~~

~~*There may be opportunity for people to lay
representational things or written statements
on paper at the foot of a cross at the front.*~~

If we claim we have no sin, we are only fooling
ourselves and not living in the truth. But if we
confess our sins to God, he is faithful and just
to forgive us our sins and ~~also to cleanse us
back to all purity~~ restore our harmony with
him.

1 John 1:8-9

Lord God, forgive us our sins.
Lord, forgive.

*'Kyrie Eleison', or similar may be sung or
played.*

As he was dying a martyr's death Jesus said:
'My God, my God, why have you forsaken me?'
Christ forsaken,
have mercy on all who are forsaken.
Christ afraid,
have mercy on all who are afraid.
Christ betrayed,
have mercy on all who are betrayed.

*People may mention, in silence or aloud, those
who need prayers.*

Great God who mothers us all, gather the
sufferings of all into the communion of the
crucified Christ.
**Shield and deliver them and look on them
with your merciful gaze.**

There may be singing.

Jesus said: 'Father into your hands I ~~commit~~
entrust my ~~life~~ spirit';

**Father into your hands we ~~commit~~ entrust our
lives spirits.**

Father, as we sit at the foot of ~~your Son's~~ the
cross, ~~help us to see and know your love for us.~~

**Father, into your hands we ~~commit~~ entrust
our lives spirits.**

*Simeon's song may be sung as 'Faithful Vigil
Ended' or said as follows*

Lord, you now have set your servant free
to go in peace as you have promised.
For these eyes of mine have seen the Saviour
whom you have prepared
for all the world to see.
A light to reveal you to the nations
and the glory of your people.

O Christ who at this evening hour rested in the
tomb and made it become a bed of hope, visit
this place tonight, that we may pass through
the 'death' of sleep and rise from our beds in
hope of life eternal.

Lord, give us a peaceful night and prepare us
for a good ending to life.

**I make the sign of the Cross of Christ (make
sign); my Christ, my Shield, my Saviour; each
day, each night, in light, in dark, my Treasure,
my dear One, my eternal home. Amen**

SATURDAY MORNING PRAYER

Life-giving God, the world lies open before you
and you summon the day to dawn.

Open our being
and we shall show life.

Open our hearts
and we shall show love.

Open our mouths
and we shall show praise.

There may be singing.

Either

Psalm 33, 67, 82, 117, 125, 145, 148 *or the psalm of the day from a lectionary, or any other psalm.*

**Glory to the Father, glory to the Son,
glory to the Spirit, ever Three and ever One.**

Or

The following verses from Psalm 104.

Creator God, how great you are!
You clothe yourself in light,
you stretch out the skies like a tent.

**Winds are your messengers,
flames are your servants.**

You water the earth,
you bring forth food for us from the earth.

How abundant are your works, O God,

**in wisdom you have made them all -
the creatures, teeming the earth.**

There is the sea, vast and wide,
innumerable things, small and great live within
it.

**All these look to you for their food in due
season.**

**When you send forth your Spirit they are
created,
and you renew the face of the earth.**

May your glory last forever.

May you always have joy in what you have
created.

**May our thoughts always give you pleasure,
may we always rejoice in you.**

**Glory to the Father, glory to the Son,
glory to the Spirit, ever Three and ever One.**

All that moves on the earth,
bless your God.

All that swims in the water,
bless your God.

All that flies in the air,
give glory to God who nurtures us all.

Parents and children,
bless your God.

Friends and lovers,
bless your God.

Musicians and sports people,
give glory to God who nurtures us all.

Parks and play areas,
bless your God.

Streets and shops,
bless your God.

Homes and gardens,
give glory to God who nurtures us all.

In all we do, let our lives today
give glory to God who nurtures us all.

Genesis 18:20-23, Deuteronomy 11:8-15,
Nehemiah 2:11-18, 5:1-12, Isaiah 66:12-14,
Jeremiah 29:4-7, Amos 5:11-14 *or the reading
of the day from a lectionary or reading scheme;
or another Old Testament reading.*

We believe, O God of all gods,
that you are the eternal God of life.

We believe, O God of all peoples,
that you are the eternal God of love.

We believe that you create earth and seas
and skies;
**we believe that you create us in your image,
and give us eternal worth.**

We honour you with our whole being
and consecrate this day to you.

*Matthew 7:7-13, 25:31-40, Luke 10:1-12, Acts
17:24-28, Romans 12:7-10, 1 Thessalonians
5:12-24, Revelation 22:1-5 or the reading of the
day from a lectionary or reading scheme; or
another New Testament reading.*

There may be meditation and singing.

All-Creative One, thank you for gifts of engineering and design, provision and organisation, ~~seen and unseen~~, which maintain the fabric of our lives.

Examples of people or things are brought to mind aloud or in silence.

Make whole the leisure and activity of this day;
fill its moments with glimpses of your glory.

Our Father in heaven,
hallowed be your name,
your kingdom come
your will be done
on earth, as in heaven.

In our pleasures,
your kingdom come.

In our leaders,
your kingdom come.

In our gatherings,
your kingdom come.

On the roads,
your kingdom come.

On the networks,
your kingdom come.

In . . . (*other activities may be named*),
your kingdom come.

In each thing we do this day,
your kingdom come.

Give us this day our daily supplies
and forgive us our sins,
as we forgive those who sin against us.
Lead us not into temptation,
but deliver us from evil.
**For the kingdom, the power
and the glory are yours,
now and for ever.
Amen.**

There may be singing.

May we live this day on earth
with the heart of the saints in heaven.
May we live this day in your light
and walk in the hope of your kingdom.

SATURDAY MIDDAY PRAYER

God of life!
God of peace!
God of time!

Be with us in the middle of the day.

Pause

God of truth!
God of sight!
God of wisdom!

Be with us in the middle of the day.

Pause

God of work!
God of rest!
God of love!

Be with us in the middle of the day.

There may be singing.

Psalm 18:25-34, 119:9-16, 122, 127, 144, Song
of Songs 2:3-13, 150 or the set psalm.

~~Christ who stilled the storm,
still the turmoil within.~~

~~Christ who overcame harm,
overcome the evil without.~~

Christ, who multiplied bread,
bring fullness to our day.

Christ, who turned water into wine,
bring richness to our day.

Christ, who stilled the storm,
bring peace to our day.

Happy you who are poor in heart;
yours is the kingdom of God.
Happy you who are pure in heart;
you will see God.

Matthew 5:3, 8

Or

Luke 4:17-21

There may be silence and singing.

~~Spirit, kindle in my heart
a flame of love to my foe, to my friend, to all.~~
**In God is my strength;
God alone is sufficient.**

~~Guardian, be over the restless people,
a covering of truth and peace.~~
**In you alone
may we find our true peace.**

There may be silent or free prayer.

May the saints and the Saviour watch over us
and keep us true in all we do.

**May we live the rest of this day
in the joy of the Saviour's will.**

SATURDAY EVENING PRAYER

Let us go for a while to the courts of heaven
and join with the saints in praise.

Either

Psalm 15, 97, 99, 125, 145, 149, *the psalm of the day from a lectionary, or any other psalm.*

**Glory to God, Source of our being,
Eternal word and Holy Spirit,
one God who mothers us all.**

Or

The following verses from Psalm 66.

Sing to God's glory all the earth,
and offer joyful praise.

**Say to God 'Your deeds are awesome;
before your power even your foes fall back.'**

The whole earth worships you, O God,
and sings to you her praise.

**Look back on God's almighty deeds
among mortal human beings.**

The exiles crossed the sea dry-shod
for God turned the ocean back.

**Then we joyed in the Mighty One
who reigns in power for ever.**

God watches nations in their pride
and forges us through trials.

**You journey with us through the fires
and make us more complete.**

I offer you my all, O God,
for your love for me never fails.

**Glory to God, Source of our being,
Eternal word and Holy Spirit,
one God who mothers us all.**

There may be singing.

Proverbs 3:1-10, Ecclesiasticus 44:1-15,
Wisdom 3:1-9, Isaiah 43:1-7, Amos 3:1-8, 5:10-
15, 6:1-8. *or the reading of the day from a
lectionary or reading scheme; or another Old
Testament reading.*

If our mouths were as full of song as the sea,
our tongues with joyful sounds
like the roar of its waves,
our lips with praise like the outspread sky,

**we still could not thank you enough
for the good you have done to us
and our forebears.**

If our eyes were shining like the sun
and the moon,
our hands stretched out like eagles' wings
in the air,
our feet as swift as the wild deer,

**we still could not thank you enough, Yahweh,
for the good you have done to us
and our forebears.**

You rescued us from the tyrant,
you freed us from slavery.

In times of famine you fed us,

in times of plenty you built us up.

From violence you delivered us,
from plagues you saved us.

**Therefore to you who breathed life into us
we shall give praise with all our breath,
honour with all our memory,
worship with all our being.**

1 Corinthians 13:8-13, 15:50-end, Philippians
3:17-end, Hebrews 12:22-23, Philemon,
Revelation 4:1-8, 15:1-4 *or the reading of the
day from a lectionary or reading scheme; or
another New Testament reading.*

There may be meditation or singing.

God of the call, as we give thanks for the saints
we pray for those who feel thwarted in
their vocation;
**may they do on earth as the saints do in
heaven.**

God from whom all truth and justice flow,
we pray for the rule of law to prevail;
**may we do on earth as the saints do in
heaven.**

God of resurrection, in their worship
may our churches bring honour to you,
joy to the people, and healing to the land;
**may they do on earth as the saints do in
heaven.**

There may be open prayer and singing.

Let us bless the Lord.

**Yours, O Lord, are the greatness, the power,
the glory, the victory, and the majesty
for ever and ever. Amen.**

SATURDAY NIGHT PRAYER

On occasions when Saturday Night Prayer is extended as a night vigil the reading for Sunday's main worship may be read and pondered. Or there may be the slow, thoughtful repetition of the Jesus Prayer, 'Lord Jesus Christ, Son of God, have mercy.'

Eternal Creator of the weeks and years, as this week draws to a close,
draw close to us as we will draw close to you.
Eternal Creator of the days and nights, as darkness deepens,
draw near to us as we will draw near to you.

Most merciful God, we confess to you before the company of heaven and one another that we have sinned in thought, word and deed, and in what we have failed to do.
Forgive us our sins, heal us by your Spirit and raise us to new life in Jesus Christ.

Psalm 4, 91, 119:52–62 or other verses

The following may be sung to the traditional tune, or said:

Before the ending of the day,
creator of the world, we pray,
that you, with steadfast love, would keep
your watch around us while we sleep.

From evil dreams defend our sight,
from fears and terror of the night;
tread under foot our deadly foe,

that we no sinful thought may know.

O Father, what we ask be done,
through Jesus Christ, your only Son
and Holy Spirit, by whose breath,
our souls are raised to life from death.

Amen.

Jeremiah 14:9, Hebrews 3:12-4, 4:9-11,
Philippians 4:8 or another passage reading

In our tiredness
be our Rest,
in our stumbling
be our Shield.

Into our place of darkness, into our place of
strife, into our fears and worries,
come with eternal life.

Let us bring before God the concerns of this
day. These may be mentioned aloud or in
silence.

There may be singing or silence.

When we neglect you,
remind us of your presence;
when we are frightened,
give us courage;
when we are tempted,
give us the power to resist;
when we are anxious and worried,
give us peace;
when we are weary in service,
renew our tired frame.

Jesus,
Master of apostles,
Teacher of evangelists,
Strength of martyrs,
Friend of the poor,
Crown of saints,
lead us through the night into a day of renewal.

**May we rest secure in your love, and rise up
to serve you with joy. Come with the breaking
of the day and meet us in the breaking of
bread. Amen**